



ST NICHOLAS' SCHOOL

NURSERY - INFANTS - JUNIORS - SENIORS



YEAR 7
CURRICULUM BOOKLET
2022-23



AT ST NICHOLAS' SCHOOL
EVERYONE IS VALUED, EVERYONE IS SOMEONE



CONTENTS

<u>Introduction</u>	Page 4
<u>Art</u>	Page 8
<u>Classics</u>	Page 9
<u>Computer Science</u>	Page 10
<u>Drama</u>	Page 11
<u>English</u>	Page 12
<u>Food Technology</u>	Page 13
<u>Geography</u>	Page 14
<u>History</u>	Page 15
<u>Mathematics</u>	Page 16
<u>Modern Foreign Languages (French, Spanish, Mandarin)</u>	Page 17
<u>Music</u>	Page 19
<u>Physical Education</u>	Page 20
<u>PSHE (Personal, Social and Health Education)</u>	Page 21
<u>Religious Studies</u>	Page 22
<u>Science (Biology, Chemistry, Physics)</u>	Page 23
<u>Textiles</u>	Page 25



INTRODUCTION

[< BACK TO CONTENTS](#)

School Attendance

It is vital that all pupils attend school regularly, unless there are special circumstances. It should be noted that if a pupil is absent for more than six days each term, over the course of their time in the senior school, this is equivalent to half a year and could significantly reduce their chances of good grades at GCSE. A national survey has shown that 90% of pupils whose attendance is as low as 85% are likely to achieve fewer than five GCSE pass grades. If your daughter does have to miss lessons for any reason, she will be expected to copy up the work and also to try to understand it. She should always ask for help if she has difficulties.

School Events

There are a number of events that pupils are required to attend. These include Open Days throughout the year and the Summer Fair. The dates of these events can be found in the school calendar. Non-attendance at these school events, without good reason, could affect a pupil's chances of becoming a school officer in Year 10.

Equipment

All pupils should have the following equipment with them every day. All items should be clearly named. Two pencil cases are suggested with the contents divided, such as colouring pencils in one and every day bits and pieces in the other.

- Colouring pencils
- Highlighters
- Glue stick
- Pencil sharpener
- Fine liners/felt pens
- Pencils (HB)
- Scissors
- 30cm clear ruler
- Black ink pen or fountain pen and black cartridges
- Back up black pen
- Full mathematics set
- Scientific calculator

Reference books required

- Rainbow Good News Bible
- Oxford or Collins Pocket Dictionary
- Oxford or Collins Pocket Thesaurus
- Oxford or Collins French Dictionary
- Oxford or Collins Spanish Dictionary

INTRODUCTION

[< BACK TO CONTENTS](#)



The School Planner

At the beginning of the year every pupil is given a school planner, in which to write her weekly timetable, add important events to the calendar and record all homework. The planner also includes the School Rules, which can also be found in the Parent Handbook.

Office 365

The school is currently using Microsoft Office 365 as our VLE (Virtual Learning Environment). Through Microsoft Teams pupils will have access to online resources, class presentations and templates and they will hand in electronic assignments and have virtual classes as and when the need arises. There are currently various videos on Teams that are available for any help, but if your daughter needs additional assistance, they can contact the IT department.

Keeping in Touch

There will be opportunities to meet with your daughter's teachers, both formally and informally, throughout the year. You will find the dates on the school calendar. You will receive a grade sheet at the end of the autumn and spring terms and a full report at the end of the summer term. These contain data and teachers' comments on work or progress.

If you have any concerns please contact the office or your daughter's tutor or subject teacher.

Assessment

Pupils will usually sit one set of examinations in May/June. Parents will be informed of the results in the school report at the end of the summer term. A set or year average will be given for each subject, so that it will be possible to see how your daughter is achieving compared to her peer group.

At other times, continuous assessment will take place and parents will be given information on their daughter's achievements on the grade sheets at the end of the autumn and spring terms.



INTRODUCTION

[< BACK TO CONTENTS](#)

Homework

Pupils in Year 7 will have an average of 30 minutes homework each night, although additional pieces of work may occasionally be set in subjects such as music, textiles, food etc. Homework is likely to include reading tasks, question sheets, research, revision etc and will be used to encourage your daughter to work more independently. Written tasks normally need to be handed in the next day. Pupils may be asked to complete a piece of work on the computer, and this should be printed at home and submitted for marking in the same way.

Work on the computer may involve research using the internet but all pupils are given advice on the safe use of the internet in Computer Science lessons and as part of the PSHE course. All pupils are made aware of the ICT Acceptable Use Policy, which is a separate document.

Teachers aim to set work which can be completed in the time allocated. However, pupils do not all work at the same pace and, therefore, some pupils may find that it takes a little longer. If this is a problem, please contact the teacher concerned. Where possible, your daughter should aim to complete the task, to demonstrate what she can do and so that she gets sufficient practice in preparation for future examinations. Homework is not intended to be easy as pupils need to develop resilience, so that they can attempt challenging examination questions. You should, therefore, not expect your daughter to achieve full marks on a regular basis. Without struggle, there is no progress!

If work is not completed on time, or is not of a satisfactory standard, your daughter may be asked to do it again. If this happens on several occasions, you will be notified. The school also holds a weekly lunchtime detention for pupils who repeatedly fail to complete their work. A lack of commitment at KS3 could impact on a pupil's progress and, in turn, affect their GCSE grade.

Curriculum Support

We realise that pupils develop at different rates and that some pupils benefit from a little extra help. The school, therefore, offers Curriculum Support to help pupils develop strategies to improve their learning. This support is provided by trained staff to meet pupils' individual needs.

Pupils may be tutored in small groups, or they may be given additional help within a lesson. A few girls may be offered Curriculum Support instead of one modern language.

Members of the Curriculum Support department also liaise with subject teachers to ensure that pupils receive the support they need in class. Small classes enable subject teachers to provide pupils with additional help and scaffolding for their learning.

If you are concerned that your child may have learning difficulties, such as dyslexia, please contact the Curriculum Support department in the first instance csdept@st-nicholasschool.co.uk. We will be able to talk with you and your child about their needs and advise you as to your next steps.



INTRODUCTION

[< BACK TO CONTENTS](#)

MAT Learner

More able and talented pupils are identified by their subject teachers in association with baseline data. We are committed to providing a challenging and dynamic curriculum, which provides opportunity and nurtures our most able and talented pupils.

Lessons are differentiated appropriately, providing challenge and pace. Opportunities allow pupils to explore subjects in greater breadth, as well as depth, and independence is encouraged.

More able pupils are encouraged to take part in a wide range of workshops, attend talks and trips to aid in enriching their learning.



ART

[< BACK TO CONTENTS](#)

As the girls progress through the school, they will acquire an appreciation of art, accumulate a wide range of experiences and skills and develop a practical artistic vocabulary, enabling them to work with greater independence.

The work that Year 7 will undertake includes: observation drawing and painting; studies of artists; printing techniques onto different surfaces; collage and mixed media. The girls may also make papier-mâché sculptures, work in clay, experiment with pastels and wax-resist, use fabric painting techniques and use stencils and templates that they have designed. Photography will be encouraged as a method of collecting research and developing ideas.

Each term the pupils will be working to a theme, and projects and outings may be arranged with other departments to develop cross-curricular links.

There is an opportunity to attend Art Club as an extra-curricular activity and to be involved with drama productions that take place during the year.



All pupils in Year 7 study Latin and Classical Civilisation. The pupils have one lesson each week. As well as being worth learning for its own sake, Latin provides them with knowledge of grammar and improves their English vocabulary. Therefore, it not only supports English teaching but also develops a sound basis for the learning of Romance languages. Classical Civilisation helps with the understanding of how the Romans lived and were able to create and maintain an Empire. We use an interactive course, *Suburani*, which quickly enables pupils to read Latin with confidence and gives them insight into life in the early Roman Empire.

The topics studied in Latin include:

- An introduction to the context of Latin, the elementary rules of translation and the structure of Latin language
- Vocabulary
- The nominative and accusative, singular and plural
- The present tense

The grammar is introduced slowly and reinforced through the reading of many stories, which support the background topic.

Roman civilisation topics include:

- Roman houses and daily life
- Women at work
- Rome in AD64 and later expansion
- The forum at Rome
- The foundation of Rome: Romulus and Remus

Pupils will be given one homework of 20 minutes each week. The tasks will be varied (translations, learning vocabulary and grammar, reading comprehensions, research, historical projects, etc.) and they aim to develop independent study.

Pupils should develop the habit of checking their work for spelling and grammatical errors.

There are resources, worksheets and web links in Teams, designed to reinforce the material studied in class.



COMPUTER SCIENCE

[< BACK TO CONTENTS](#)

Computer Science is a compulsory subject for pupils during Key Stage 3. Lessons contain a mixture of Digital Literacy, Information Technology and Computer Science – including coding.

Computer Science is offered as a GCSE option at Key Stage 4.

The Scheme of Work is continually evolving owing to the rapid changes in technology and its use. We aim to deliver a vibrant and cohesive Scheme of Work that is topical and relevant and fits the needs of our pupils.

Topics that will be covered in Year 7 during 2022-2023 may include:

- Effective and safe use of the Internet
- Using Spreadsheets
- Computer networks and the Internet
- History of Computing and Cryptography – including Bletchley Park
- Introduction to binary numbers
- Web design using html
- Computer coding using Python
- Mobile technology and apps

Computer Science lesson material will be available on Microsoft Teams. Office 365 will be used during lessons and the resources will also enable girls to catch up with work at home in the event of a lesson being missed for any reason.



In Year 7, pupils have two lessons of drama each week and the following themes / topics are studied:

- Autumn: Witches and Halloween, and Group Scripted Assessments
- Spring: Masks and Mime
- Summer: Murder Mystery Plays and practical examination pieces (monologues)

There are many opportunities within the year for individual and group work, as well as both scripted and devised performances. Primarily focusing on performance work, there are also chances for the pupils to experience and build on technical and backstage skills within the Year 7 drama course.

The overall objectives for the year are:

1. To develop organisational skills;
2. To increase the pupils' knowledge and experience of performance skills;
3. To extend levels of confidence in vocal and physical ability;
4. To increase knowledge of technical staging and theatre vocabulary;
5. To promote good rehearsal technique, both independently and in groups.

Assessment

1. There will be a Group Scripted Assessment in the Autumn Term.
2. An examination is held in the Summer Term, which consists of both a practical and written paper (50% each). A monologue is performed for the practical examination on the Pritchard Hall stage.
3. The pupils are also formally assessed on a termly basis and given the opportunity to complete a self-evaluation form at the end of each term.

All pupils have the opportunity to take part in the annual Senior Production.

Tuition provides the foundation and basis for GCSE Drama.



The Department broadly follows the National Curriculum aims, which are to develop the ability of pupils in the areas of speaking, listening, reading and writing.

Speaking and Listening

Pupils will be required to show, in a series of spoken tasks, that they can: recount personal experiences; share and exchange ideas and views; do an individual presentation; participate in role play; participate in group discussion; be aware of the need to vary the language used to suit the situation and use the grammar and vocabulary of spoken English.

Reading and Writing

Pupils are required to read a range of texts, non-literary and literary, media and information and texts from other cultures. They will study a variety of literary texts and a variety of poetry from different centuries. Figurative language will be taught. They will write creatively, adapting their style to a variety of forms and audiences, as well as analytically and discursively. Comprehension, summary and comparison skills will be developed. Pupils are encouraged to use ICT and to redraft and edit their writing. Grammar and punctuation rules will be taught and reinforced.

Independent Reading

All pupils are encouraged to read for pleasure and choose texts suitable for their ability and interests. To facilitate this, pupils will have a fortnightly lesson in the senior library, with access to a range of age and ability appropriate texts.

Presentation

Pupils will be required to spell common words, write in a clear and legible style, and present finished work accurately.

Homework

Homework is set twice a week. It should be handed in promptly and checked for spelling and grammatical errors. Pupils should use homework to consolidate work done in class as well as to assist and extend their individual learning, for example by wider reading and research, and extended writing.



FOOD TECHNOLOGY

[< BACK TO CONTENTS](#)

Food Technology is taught for three lessons each week, which is grouped together and carried out as one session. The subject is taught on a term and a half rotation, with one half of Year 7 studying Food with the other in Textiles, before they then swap over.

In Food Technology the pupils will carry out a number of practical tasks which introduce them to a variety of culinary skills. In Year 7 these skills include: pasta making, the 'rubbing in' method, knife skills and bread making to name a few. Theory work is focussed on teaching a variety of elements appropriate to cooking such as: health, safety and hygiene in the kitchen, dietary requirements and the science of ingredients and processes.

Practical tasks include:

- Pasta making
- Scones
- Vegetable soup
- Bread Making
- Pizza
- Cakes

Pupils will be expected to provide the majority of their ingredients for practical tasks, with some of the more difficult to transport items being provided (eggs, oil etc) for a small fee. They will be given a practical demonstration of the dish in one lesson and will be expected to bring in the ingredients to make it the next. This will mean that they will have a week's notice to buy ingredients. In addition to ingredients, pupils will be expected to bring in a suitable container so that they can take their food products home.

GEOGRAPHY

[< BACK TO CONTENTS](#)



In Year 7, girls develop their knowledge of the world around them and explore how the different types of Geography link together. They look at Physical, Human and Environmental Geography topics and develop geographical skills in areas such as map reading, photographic analysis, field sketching and data handling. They carry out fieldwork in the local area.

Topics studied include:

- The main features of the UK, both physical and political, including the five British Values
- The local area
- An enquiry into the town of Alton
- Settlement patterns and the site and situation of towns.
- Ordnance Survey Map skills
- Africa and the Horn of Africa

Homework

Homework is set once a week. Some tasks may extend over several homework slots and girls will need to organise themselves so that they have time to complete the task.

Word processed work should always be printed off at home in advance of lessons.

Girls should develop the habit of checking their work for spelling and grammatical errors and try to use a range of geographical terminology.



HISTORY

[< BACK TO CONTENTS](#)

During Year 7, the aim is to develop historical knowledge covering two Core Studies. Pupils begin by looking at Britain in the period 1066-1450, with a supplementary unit on a pre-1066 study and they complete the year by studying the 'The Making of the United Kingdom, 1500-1750'. Furthermore, it is hoped to build on the work covered in KS2, to develop the historical skills of dealing with the nature of evidence and assessing its utility in the context of specific historical problems. Discussion is vital and girls are encouraged to express themselves clearly and cogently, while taking on board the views of others. Extended writing, creative work and the use of ICT are encouraged.

Topics studied include:

- What is Chronology? – Skills in History
- Pre-1066 study
- The Norman Conquest and how William the Conqueror maintained control, including his use of castles, the Feudal System and the Domesday Book
- Problems which faced the Medieval Kings, including studies on Henry II and Thomas Becket, King John and Magna Carta, and King Richard II and the Peasants' Revolt
- Life in Medieval England for the ordinary person.
- Renaissance and the Reformation in Europe.
- The English Reformation and Counter Reformation, Henry VIII – Elizabeth I
- The causes and events of the civil wars throughout Britain
- The Restoration
- Society, economy and culture across both periods: for example, work and leisure in town and country, religion and superstition in daily life, medicine and disease, theatre, art, music and literature.

Homework

- Sometimes an extended piece of homework may be given which would be completed over two or more allocated homework slots, depending on the nature of the task. Pupils are expected to organise themselves so that they do not leave such tasks to the last minute but plan their time accordingly.
- Pupils are expected to read through their work prior to handing it in, and to review spelling, punctuation and grammar in accordance with the marking.



In Year 7, the girls are in sets, based on their ability and results from Year 6 examinations. They use Maths Frameworking 1.1, 1.2 or 1.3 and each chapter is assessed using the review questions at the end, along with classwork and homework, to determine the extent of their knowledge and understanding.

Topic areas covered:

- Using numbers
- Sequences
- Perimeter, area and volume **(Perimeter and area)*
- Decimal numbers
- Working with numbers
- Statistics
- Algebra
- Fractions
- Angles
- Coordinates and graphs
- Percentages
- Probability
- Symmetry
- Equations
- Interpreting data
- 3D shapes
- Ratio

**Italics indicates only in Book 1.1.*

Pupils in this year group build on the mathematics learnt at Key Stage 2. These topics, and the work from Key Stage 2, are examined in May/June.

Homework

Pupils will be given two homework tasks each week. The tasks will be varied and will include exercises supporting and reinforcing class work, investigative problem-solving and occasional research. They will be designed to take 20 minutes, but some pupils may take a little longer. However, if homework regularly takes too long, pupils should speak to the teacher concerned. It is vital that pupils attempt to complete every task. Homework is designed to develop independent learning and resilience, in preparation for GCSE.

When completing written tasks, pupils will be expected to present their work neatly and think about the layout of their solutions. These factors will be considered when the work is marked. Their methodology should be clearly shown.



MODERN FOREIGN LANGUAGES

[< BACK TO CONTENTS](#)

In Year 7, French, Mandarin and Spanish are given equal weight within the school timetable. Some pupils, for whom three languages are too much, will have one extra lesson of French and one extra lesson of Curriculum Support, instead of Mandarin.

French

French lessons are mainly conducted in the target language. Girls are expected to develop the skills required for clear communication as well as gaining an insight into life in the French-speaking world. "Studio 1" is currently used in Year 7 and the following areas are covered:

- Personal information
- School
- Leisure
- Where they live
- Holidays

All girls should have their own small French-English dictionary for work in class and at home and should bring it to every lesson.

Homework is set once a week. Work is expected to be set out neatly with the date and title in French. All work should be checked carefully for spelling and syntax mistakes before being handed in. Typical tasks include a short piece of writing, grammar exercises, a page from their workbook, learning vocabulary for a spelling and/or comprehension test or memorising a presentation to deliver to the class. These are all very important to pupils' language learning. Homework will usually be based on the most recent lessons and provides an opportunity to consolidate a child's learning. Most girls will be able to complete the tasks independently and are expected to use their own resources (textbook, dictionary) to achieve the required accuracy.

In November, Year 7 pupils usually spend a week in Normandy, doing a variety of activities instructed entirely in French.

The use of translation software in school or at home is strongly discouraged, as it does not help the girls learn and it produces largely inaccurate French.



MODERN FOREIGN LANGUAGES

[< BACK TO CONTENTS](#)

Spanish

Year 7 girls study Spanish for two lessons per week as an introduction to the language and all lessons are conducted mainly in the target language. Pupils learn to talk about numbers, colours, days of the week and months of the year. They learn to talk about their family and describe people including their personality and physical features, personal likes and dislikes. The lessons focus on providing a grounding in basic grammar and building confidence in speaking.

The textbook “Viva 1” is currently used in Year 7.

Homework is set once a week. Work should be set out neatly, with the date and title in Spanish, and should be checked thoroughly before being handed in. Most girls will be able to complete the tasks independently at this early stage.

Spanish resources and useful web links are available on Teams.

The use of translation software in school or at home is strongly discouraged, as it does not help the girls learn and it produces largely inaccurate Spanish.

Mandarin

In Year 7, the pupils will continue to study Mandarin for two periods each week. Girls are expected to make their own flashcards for revising new vocabulary and practise writing Chinese characters at home.

The topics covered in Year 7 include:

My family and pets; describing my house and rooms; numbers up to 100; days of the week; telling the time; birthdays; countries and nationalities; colours; body parts; things in the schoolbag; Chinese festivals.

Homework is set once a week. Work is expected to be set out neatly with the date and title in Mandarin. Girls need to be organised, always complete their work fully and make sure that they hand in their homework on time.

Mandarin resources and useful web links are available on Teams.

MUSIC

[< BACK TO CONTENTS](#)



The Year 7 curriculum aims to develop pupils' listening, performing and composing skills. During the first two terms, pupils will extend their understanding of the musical elements, applying what they have learnt to composing and listening tasks. This will include writing original pieces in the style of a Waltz and Tango. In the Summer Term, pupils will learn about 'Programme Music' and 'The Blues'.

- Autumn Term: Melody, Harmony (Chords) and the Waltz
- Spring Term: Musical Textures, Timbre and Tango
- Summer Term: Programme Music and The Blues (2021 – Samba)

During the Autumn and Spring Terms, pupils will broaden their understanding of the elements of music through the following genres:

- The Western Classical Tradition
- Film and Television
- Jazz and Blues
- Rock and Pop
- World Music

Pupils will have the opportunity to take part in choirs, orchestras and other ensembles as well as participating in school-based workshops.

Music is offered as an option subject in Year 10.



PHYSICAL EDUCATION

[< BACK TO CONTENTS](#)

In Year 7, pupils are taught across a range of activity areas. Each activity area will bring with it different qualities, skills, rules and tactics. Pupils will also be taught about the importance of physical health and being active. The focus will be on participation, progress and developing knowledge and confidence. Pupils will develop their teamwork, communication and resilience. They will enhance their individual skills and learn how to apply them to competitive situations. In their Games lessons they will explore the core sports (in bold), in which they will have opportunities to represent the school and compete in regular inter-school fixtures.

In PE lessons they will experience a breadth of activities, both team and individual. In the Summer Term PE lessons will focus on athletics initially in preparation for Sports Day. There will be opportunities for the pupils to further progress their knowledge and understanding in lunchtime and after-school clubs.

We enter local leagues as well as friendly fixtures and district competitions. Some girls go on to represent the area and Hampshire from the district competitions in the relevant activities.

The following is a guide to the activities that will be covered:

- **Autumn Term:**
 - Netball**
 - Hockey**
 - Football**
 - Basketball**
 - Badminton
 - Gymnastics
 - Health and Fitness
 - Cross Country
- **Spring Term:**
 - Netball**
 - Football**
 - Basketball**
 - Volleyball
 - Tag Rugby
 - Health and Fitness
 - Cross Country
- **Summer Term:**
 - Cricket**
 - Rounders**
 - Athletics**
 - Tennis

PSHE (PERSONAL, SOCIAL AND HEALTH EDUCATION)



[< BACK TO CONTENTS](#)

The PSHE course throughout the school incorporates life skills, health education, careers and citizenship. The material is chosen to take into account the ethos and aims of the school.

In Year 7 the course covers

- Transition to secondary school and personal safety in and outside school, including first aid
- Careers; teamwork and enterprise skills; raising aspirations
- Diversity, prejudice and bullying
- Healthy routines, influences on health, puberty, unwanted contact and FGM
- Building relationships, self-worth, romance and friendships (including online) and relationship boundaries
- Financial decision-making, saving, borrowing, budgeting and making financial choices



RELIGIOUS STUDIES

[< BACK TO CONTENTS](#)

The teaching of Religious Studies provides spiritual, moral, social and cultural development.

In Year 7, pupils are encouraged to consider their own values, beliefs and ideas, as well as those of others. They study the origins of religion and then discuss Christianity, including its history, teaching and liturgy. Girls will also study the origins of the main festivals of the Christian year. Discussion and questioning are promoted in lessons in order to develop spiritual growth, reflection and self-expression.

The topics studied include:

- The Bible - The content of the books in the Old and New Testaments.
- The Christian Year including Advent, Christmas, Epiphany, Lent, Easter, Ascension and Whitsun.
- Christian beliefs and lifestyle, including Christian inspirations and Christian charities.

SCIENCE

[< BACK TO CONTENTS](#)



In Year 7, all pupils study the three separate sciences. The curriculum is designed to build on the knowledge gained at KS2 and to encourage independent thinking. The course broadly follows the National Curriculum but, in many cases, the work is taken to a higher level. In addition, pupils develop their ability to plan, carry out and evaluate their own experiments. They develop their maths skills, literacy skills and enquiry processes.

Pupils must provide lab-coats for all practical lessons; otherwise, they will be unable to take part.

Biology

Pupils study the following topics:

- Cell structure and function
- Levels of organisation
- Movement – the skeleton, joints and muscles
- Interdependence – food chains and webs, competition
- Reproduction in plants
- Variation
- Human reproduction

Chemistry

Pupils study the following topics:

- An introduction to chemistry and hazard awareness
- Particle model
- Separating mixtures
- Acids and alkalis
- Metals and non-metals
- Earth structure
- The Universe



Physics

Pupils study the following topics:

- Speed
- Gravity
- Electric circuits
- Energy resources and the transfer and conservation of energy
- Waves, including sound and light waves

Homework

Pupils will be given one homework task per science each week. The tasks will be varied and will include research, accounts of experiments, worksheets, revision etc. They will be designed to take 20 minutes, but some pupils may take a little longer. However, if homework regularly takes too long, pupils should speak to the teacher concerned. Occasionally, pupils will be asked to complete an extended task over a few weeks. It is vital that pupils attempt to complete every task and show evidence of this, even if something seems challenging. Homework is designed to develop independent learning and resilience, in preparation for GCSE.

When completing written tasks, pupils will be expected to use their own words, present their work neatly and think about their spelling and grammar. These factors will be taken into account when the work is marked. Pupils should also get into the habit of proof-reading their work before it is submitted for marking, as this will be a vital skill at GCSE.



TEXTILES

[< BACK TO CONTENTS](#)

Pupils in Year 7 study textiles for three lessons each week, for a term and a half. The other half of the year is spent studying Food and Nutrition.

The pupils are introduced to the 'Design and Make' process, through the designing and making of a cushion, using the techniques of patchwork and applique. Pupils are expected to purchase fabrics and components for their cushions after their first lesson.

They develop the following skills:

- Planning a task
- Accurate measuring and cutting
- Hand sewing
- Embroidery
- Use of the sewing machine

Safe working procedures are an integral part of the course.



ST NICHOLAS' SCHOOL

NURSERY - INFANTS - JUNIORS - SENIORS

ST NICHOLAS' SCHOOL

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